

Mark qualified as a chiropractor in 2009 from the Welsh Institute of Chiropractic and worked for several years in private practice. Following his time in private practice, Mark worked as a rehabilitation consultant for a private medical insurance company, where he set up an advanced practitioner telephonic triage service. From 2016 to 2018, he led a multidisciplinary physical therapy team at KIMS Hospital in Kent.

In 2018, Mark joined London South Bank University (LSBU) as a full-time academic and is currently the Professional Lead. He is currently a part-time PhD student investigating beliefs about manual therapy held by individuals experiencing low back pain. Additionally, Mark chairs the Chiropractic Patient Incident Reporting and Learning System (CPiRLS) development group at the Royal College of Chiropractors (RCC). He is also a fellow in the CARL III programme.