Brief biography – Karina Dahl Steffensen

Professor Karina Dahl Steffensen, MD, PhD, is a distinguished leader in the field of shared decision-making (SDM) and a recognized expert both nationally and internationally. She serves as the medical director of the Center for Shared Decision Making (CFFB) and also leads its research unit. Since February 1, 2023, she has held the position of professor of shared decision-making at the Department of Regional Health Research, University of Southern Denmark. Previously, from 2018 to 2023, she was professor of clinical oncology at the same institution.

Karina Dahl Steffensen earned her medical degree in 1999 and later specialized in clinical oncology. Her research background includes a PhD in molecular biological biomarkers in ovarian cancer. Over the years, her research has been instrumental in advancing SDM, with a particular focus on patient decision aids, SDM implementation, involvement of relatives, and measurement instruments for SDM evaluation. She has supervised 18 PhD projects and has contributed extensively to the scientific community, publishing over 140 peer-reviewed articles.

Beyond her academic and clinical work, she serves on the board of the Nordea Foundation, a Danish philanthropic organization dedicated to enhancing quality of life in Denmark, Greenland, and the Faroe Islands. Each year, the foundation donates approximately DKK 900 million (EUR 120 million) to initiatives within health, exercise, nature, and culture.

With her extensive expertise, leadership, and commitment to patient-centered care, Karina Dahl Steffensen continues to drive innovation and research in the field of shared decision-making.