

Sidney Rubinstein

Sidney Rubinstein is a chiropractor and epidemiologist specializing in musculoskeletal disorders, particularly neck and low-back pain. He earned his chiropractic degree in 1992 and his PhD in Health Sciences from the Vrije Universiteit (VU) Medical Center, Amsterdam in 2008, focusing on adverse events following chiropractic care.

In August 2024, Sidney became an endowed professor at the VU, holding the chair of "Optimizing Management of Musculoskeletal Health." His research emphasizes evidence-based healthcare, with expertise in systematic reviews and meta-analyses. He has led multiple international studies, including the BACE-C cohort study, and large RCTs, such as the PTED study and the Warrior Trial.

In addition to his research, Sidney teaches and supervises BSc, MSc, and PhD students.

He also chairs the World Federation of Chiropractic (WFC) Research Committee and is vice-chair of the WFC Global Patient Safety Task Force, promoting patient safety within chiropractic care.

His contributions to musculoskeletal research have placed him among the top 2% of researchers worldwide, as recognized by Elsevier.

For more information on his research see <https://orcid.org/0000-0002-4819-994X> or view his profile: <https://research.vu.nl/en/persons/sm-rubinstein>