

Dr. Mufudzi Chihambakwe is a chiropractor and public health advocate passionate about equitable access to spine care in Africa. Born and raised in Zimbabwe, he studied chiropractic at the Durban University of Technology in South Africa and is now based in Gaborone, Botswana, where he serves as Clinic Coordinator for World Spine Care Botswana. The Broadhurst 3 clinic, which he leads, is in its third year of operation in a low-income neighborhood, offering vital care to underserved communities.

He is President of the African Chiropractic Federation and the Botswana Association of Chiropractors. In 2017, during his final year of study, he co-founded Spine Health Africa, a non-profit organization advancing access to musculoskeletal health services across the continent.

Dr. Chihambakwe recently completed his second master's degree—an MPhil in Inclusive Innovation from the University of Cape Town—where his research explored how spine care can be innovated to scale in under-resourced settings. He published his first academic paper in *Chiropractic & Manual Therapies* in 2019 and delivered the 2023 Dr. John A. Sweaney Lecture at the WFC global assembly in Australia.

He is also a published author, with his first book *Twenty—A Reflection* examining themes of young adulthood and social change in Southern Africa. Through radio, television, and public writing—including his blog *Heartinscriber*—he champions spinal health, Afro-futurism, and structural innovation in healthcare.

Dr. Chihambakwe is committed to building systems that uplift communities and make spinal care a fundamental part of public health in Africa.