

Lise Hestbæk is a senior researcher at the Chiropractic Knowledge Hub in Denmark and Professor in Musculoskeletal Research at the Department of Sports Science and Clinical Biomechanics at the University of Southern Denmark.

Lise graduated as a chiropractor from Palmer University of Chiropractic in 1990 and received her PhD from University of Southern Denmark in 2003. She was a full-time clinician for 7 years followed by 10 years of combined research and clinical work and is now a full-time researcher.

Her research aims to understand the course of spinal pain from cradle to grave and with a strong interest in translating epidemiological research into clinically useful information. Her research includes register-based and cohort studies as well as clinical studies with a primary focus on back and neck pain in children and adolescents.