

Jesper Dahl DC CCSP CCEP MRCC FBCA FRCC (sport)

After graduating from the Anglo-European College of Chiropractic in 1989, Jesper spent most of the following years in private practice with a clear focus on helping people better understand their condition to enable them to get better.

However, as he always had a keen interest in athletic development, Jesper took 7 years away from this type of practice, working full-time with professional golfers. This meant travelling to the events on the European, Asian, and US PGA Tours and spending about half of each year on the road. Working alongside other practitioners with the common goal of improving top-rated athletes' performance is a great learning environment. Jesper credits these years with significantly adding to how he thinks about what we do and how he does it.

Jesper also helped establish the physical therapy department at the Kent Institute of Medicine & Surgery (KIMS), a private tertiary hospital in Maidstone, Kent. The outpatient department has representation of all the MSK specialisms available in the UK, working together to develop protocols for any condition ranging from post-surgical rehabilitation to managing lifestyle-related musculoskeletal conditions.

Jesper's varied programme of lectures and seminars has been taught on five continents and in settings from national conferences to much smaller group settings. His focus is always to present a sound rationale for the application of any technique.