

## Christine Foss MD, DC, MS.ED. ATC, DACBSP, DACRB, ICSC

## Lecture Bio

Dr. Christine Foss has a Master's degree in Sports Medicine from Old Dominion University, a Doctorate in Chiropractic from New York Chiropractic College, and a Doctor of Medicine degree from the University of Health Sciences. She is a Certified Athletic Trainer, a Diplomate of the American Chiropractic Board of Sports Physicians, a Diplomate of the American Chiropractic Rehabilitation Board, and an Internationally Certified Sports Chiropractor. She was named the 2020 American Chiropractic Association Sports Council Chiropractor of the Year and

the 2023 Federation of International Sports Chiropractic Educator of the Year.

Author of the book "Dissecting Sports Injuries of the Hip", which has recently been released by Springer Publishing and is available on Amazon.

Dr. Foss has had many experiences treating and rehabilitating athletes and non-athletes. She is the owner of Elite Sports Recovery Center in Bradenton, Florida. She worked in the Sports Medicine Department at the University of Notre Dame and volunteered at the Olympic Training Camps multiple times at different locations. She has worked at the World Games in Poland and Birmingham and the Bobsleigh World Championships. She additionally traveled with TEAMUSATF as medical staff and has worked extensively with men's and women's gymnastics. She has additionally worked alongside prominent surgeons in caring for and rehabilitating athletic injuries.

Dr. Foss is an international lecturer on the topics of sports injury, assessment, treatment, and kinetic chain unwinding. Dr Foss finds particular interest in difficult cases and patients who have had little success with conventional care. She is currently the director and lead instructor of the Northeast Chiropractic College "Certified Chiropractic Sports Physician" program, the Director of Education and research for Foot Levelers, and a Master Instructor for the Federation Internationale de Chiropractique du Sport and faculty at the Camera Institute of Chiropractic Science.