Carlo Ammendolia is the Director of the Spine Clinic and the Spinal Stenosis Program at the Rebecca MacDonald Centre for Arthritis and Autoimmune Diseases at Mount Sinai Hospital. He received his DC degree from the Canadian Memorial Chiropractic College, his MSc degree in Clinical Epidemiology and his PhD in Clinical Evaluative Sciences from the University of Toronto. Dr. Ammendolia is an Assistant Professor in the Institute of Health Policy, Management and Evaluation and the Department of Surgery at the University of Toronto.

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Dr. Ammendolia was the 2021-2022 recipient of the University of Toronto's Wightman-Berris Academy and the Individual Teaching Excellence Awards. These awards are given to exemplary teachers who have been nominated by their students and reflects the positive impact that he has had on students and their educational experience.