

With a doctorate from Palmer College of Chiropractic West and extensive experience in sports and women's health, Dr. Amy is dedicated to helping people achieve their full potential. As the founder of InTouch Clinic, she has created a world-class integrated care center in Bahrain, serving patients from across the GCC. Passionate about wellness, Dr. Amy is committed to providing exceptional care beyond standard rehabilitation. In addition to her clinical practice, she consults with the Royal Medical Services to enhance Physical Medicine and Rehabilitation services in Bahrain, furthering her mission to enhance healthcare and integrate Chiropractic into the Healthcare system in the region.