

Ulrik Sandstrøm graduated from the Anglo-European College of Chiropractic in 1991 and has been involved in elite level sports chiropractic for 30 years.

He spent 12 seasons as 1st team chiropractor at Leicester Tigers Rugby Club and has been 1st team chiropractor to Leicester City Football Club since 2020. He has worked with a large range of elite athletes from UK Athletics, Chelsea FC, England Rugby, GB Basketball, GB Swimming, Derby County, Sheffield United and Sheffield Wednesday FC.

He was selected to work at the Polyclinic in Athletes Village during the 2012 London Olympics as well as the 2016 Rio Olympic Games.

He runs a variety of seminars for Chiropractors, Osteopaths, Physiotherapists and other manual practitioners and has been a regular at international conferences for the past decade.

His lecture style is engaging and focused on concepts and principles rather than a cookbook approach, delivering really useful concepts that make sense to the practising clinician and gives true Monday morning skills.